



Post Treatment Instructions for FILLER

Thank you for choosing Baskin Aesthetic Medicine

WHAT TO EXPECT AFTER TREATMENT

You may have unevenness, firmness and swelling for the first few days after your injection. Do not massage any firmness or unevenness and it is best to avoid touching your face for the first 6 hours after your treatment. Bruising is common and can develop anywhere from directly after the injection to 4 or 5 days after and may take several days to resolve. We offer a quick laser treatment that may help a bruise resolve sooner. Contact us if you feel this would be helpful. You may experience jaw discomfort after your injection. This is normal and should resolve within 24-48 hours.

WHAT TO DO AFTER TREATMENT

Apply an ice pack to the treated areas for the next 20 minutes moving the ice pack around the face or treated areas. If possible, refreeze the ice pack and repeat 2-3 times throughout the day. You may resume your regular skin care routine this evening.

WHAT TO AVOID AFTER TREATMENT

Do not apply makeup for the rest of the day. Avoid dental procedures for the next 2 weeks. Limit your alcohol intake and avoid Aspirin, Ibuprofen or other anti-inflammatory medication for 24 hours after your treatment (Tylenol is fine). Avoid strenuous exercise for 48 hours. Avoid extreme facial expressions, manipulations or a facial massage for 48 hours. Avoid tanning or UV exposure until all redness or bruising has resolved.

CONCERNS

Contact us if you experience discoloration of the skin other than bruising, persistent or worsening pain, excessive swelling, surrounding redness, heat, develop a fever, a cold sore or have any questions or concerns.

After hours, please call our office 207-780-0045 for instructions to reach Dr Baskin

If you have any questions after reading these guidelines, please do not hesitate to call us for clarification.

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